

MEAL GUIDE



WHAT TO EXPECT

Monday Nights

Teams of volunteers are needed to cook and prepare the dining room for our evening meal. The cooking can be completed on or off site and we provide a punch list of tasks to get the dining room space ready for the meal.

RECRUITING YOUR TEAM

Who to Invite

Professional team or department	Book club
Bible study or faith group	Sports team
Volunteer organization	Academic clubs

Making it Meaningful – consider a meaningful date

Organization's anniversary	Festive holiday
End of season celebration	Any day that works

THE MEAL

Groups that have provided meals for us, find it easiest to multiply one recipe across several volunteers. Here are some examples of what has worked well with other groups.

Easy Meal Ideas

Chicken and rice dish	Other casseroles
Chili	Pizza
Lasagna	Burrito Bar
Sloppy Joes	Side salads or fruit salad

How Much to Bring

Just to give you an idea of sample quantities:

- 8– 9x13 casseroles
- 15 lbs taco/sloppy joe meat
- 2 large bowls side salad or fruit

*Also consider Google searching your menu item at 75 servings

WHY DO WE NEED YOU?

Every Monday night, we come together to engage individuals and the community in resolving poverty. We do this by connecting volunteers and participants in meaningful ways. Providing this meal allows us to connect with the households who are striving to get out of poverty. Sharing a meal establishes unity and builds rapport across socio-economic status lines. Please consider helping us add value to the lives of those in our community. This guide includes some steps to create a meaningful experience for your volunteers.

Contact us for open dates.

Learn More

To really get a feel for Circles, stay for a volunteer overview to hear more about the mission/vision of the Circles Green Bay Program. Please let us know you are interested in a volunteer overview when you sign up to bring a meal.

CONTACT INFO

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PREPARING FOR MONDAY NIGHT

We normally expect around **75 people** for our weekly meal.

Location: Green Bay Community Church, **The Care Center**, @ 600 Cardinal Lane, Green Bay

Families arrive around 5:15 pm and **we eat at 5:30 pm.**

Hot meals need arrive by 4:45 pm. You are welcomed to arrive earlier to warm meals in our kitchen or for other light prep, i.e. chopping veggies, setting out condiments, etc.

What you will need to bring:

Serving trays and containers. We have a crockpots, nescos, warming chafers, serving bowls and trays.

Donating **disposable utensils, plates, bowls, cups and napkins** is appreciated but not a requirement of providing a meal.

We have a kitchen with a **refrigerator, stove, pots/pans, and other basic kitchen prep tools.** Access to electrical outlets is also available.

The meals are served **buffet-style** and we will have the tables setup ahead of time.

Promoting Healthy Eating

Everyone loves desserts. To promote healthy food choices, we ask that you consider **limiting the number of desserts.**

We typically serve pitchers of ice water with the meal. We ask that **pop/soda and juices are not part of the meal.** If you would to bring a gallon of milk to be served, that would be great.

We realize that individuals with food restrictions may not be able to eat all of the options provided during a meal. Therefore, we will provide items that can be consumed for the diet restrictions that are known.

(Not) Serving the Meal

We work hard to promote a sense of togetherness at our Circles Weekly Meetings. Though we may feel like we are showing a sign of respect by separating ourselves and serving the meal, at Circles we prefer to "break bread" together to build community. Once the food is ready, please feel free to take a seat and enjoy dinner with us.

We sincerely appreciate the work that our meal volunteers put into planning and preparing our meals.